

What to take

- ❑ **All your gear (except sleeping bag) should fit in a 24" duffel bag (issued at check in).**
- ❑ Pack very light.
- ❑ Class A uniform (scout shirt and scout shorts, scout socks and hat are optional). Must wear for travel and meals on base.
- ❑ Class B uniform for around base and on vessels
- ❑ *Appropriate ID with age*
- ❑ *Insurance card copy*
- ❑ *Medical Form* ***All Italicized items will be collected before departure***
- ❑ *Parent's emergency contact information*
- ❑ *Permission Slip*
- ❑ Sun block with a rating of SPF 30 or higher
- ❑ Plastic or metal cup (Nalgene bottle acceptable)
- ❑ Sun Glasses
- ❑ Hawaiian shirt/clothing for luau
- ❑ Your own snorkeling equipment if you already own it.
- ❑ Chapstick
- ❑ Insect repellent
- ❑ Aloe Vera cream
- ❑ Sea sickness Medicine (Bonine or Sea Bands)
- ❑ Underwater cameras
- ❑ Any medications needed
- ❑ T-shirts
- ❑ Lightweight raingear
- ❑ 1 pair tennis shoes
- ❑ 1-2 pairs shorts
- ❑ toiletry kit
- ❑ wide brimmed hat
- ❑ 2-3 pairs socks
- ❑ sheet, warm blanket or, sleeping bag
- ❑ sleeping pad
- ❑ swim trunks or one-piece bathing suits
- ❑ 2 towels
- ❑ small pillow
- ❑ skin so soft lotion
- ❑ \$75-\$100 spending money

What not to take

- ❑ NO PORTABLE STEREOS, WALKMANS, MP3'S OR ELECTRONIC DEVICES.
- ❑ NO SUNTAN OIL.
- ❑ No fireworks, alcohol, or illegal substances.
- ❑ Do not bring framed backpacks.